

Ayurveda doctor claims career of curing cancer

Minister of State for Home Kripashankar Singh gives Dhanvantari Award to Jaipur-based Dr Tiwari

N GANESH
NOVEMBER 7



Dr Nandlal Tiwari

HIS story as as incredible as he is insistent. When 35-year-old post-master Vittal Maruti Shinde from a village near Akluj in Maharashtra was diagnosed as having throat cancer, his world fell

apart. The expenses were more frightening than even the dreaded disease. For two years, Shinde underwent surgery and chemotherapy, but the stubborn growth in his throat remained. In 1984, losing hope, Shinde switched to Ayurveda.

Today, it is 15 years since Shinde retired. His three sons have grown up to become doctors. "I owe my life to Dr Nandlal Tiwari," he says. After taking Ayurvedic preparations from Dr Tiwari for a year and four months, the cancer disappeared, Shinde insists.

"Though my three children are doctors I still advise cancer patients to go to Dr Tiwari. I could feel the medicine having an effect after two months of commencing treatment," says Shinde, one among the scores who claim to have been cured of cancer by Dr Tiwari.

The Jaipur-based doctor was in Mumbai to receive the Dhanvantari award from the Shahad-based organisation, 30-year-old Ayurved Pragati Sangh. He spoke for an hour before rushing back to Jaipur the same day.

"Every disease has the potential to kill. Even a fever can kill a seemingly healthy person if left untreated or if it is incorrectly

treated. Similarly, cancer is curable if treated at the right stage," he explains. Incredibly, he says he has been treating cancer patients for three decades.

Ashok Birajdar, a 46-year-old civil engineer from Nanded diagnosed with cancer in 1985, almost chokes with emotion as he expresses gratitude for Dr Tiwari. I had heard about Dr Tiwari through a mutual friend. I initially delayed visiting him as I was confident of successfully being treated through conventional medications," says Birajdar. Eventually, Birajdar did go to Dr Tiwari and after two and a half years of taking Carctol — prescribed by Dr Tiwari — he claims he has no problem whatsoever.

Since his childhood, the doctor says, he was always interested in herbal medicine. "I thought of developing a remedy for cancer

when I was manager of a tea garden in Assam and Darjeeling in the early Sixties."

He says he spent 20 years tinkering with various blends of herbs before Carctol was born. Even more unbelievable is that Tiwari took formal education in Ayurveda only after that.

"Carctol

— is useful for can-

cer patients who can digest food. Those on liquid diets will find it useless as the medicine has to be absorbed in the blood stream through digestion," he says.

However, he candidly admits that the medicine has shown about 30 to 40 per cent efficacy among patients. "Those who come earlier have better chances of survival," he says.

Dr Tiwari strictly advises his patients to avoid sour food. he also tells them if the medicine fails to show any results in the first two months, they need not come back. He has also been corresponding — in vain — with the state government with the objective of mass production of Carctol and for setting up a department in all state-run hospitals, especially for Ayurvedic treatment of cancer.

"Every disease has the potential to kill. Even a fever can kill a seemingly healthy person if left untreated, or if it is incorrectly treated. Similarly, cancer too is curable if treated at the right stage"

— Dr Nandlal Tiwari