

## time OUT

## lifeline

## AYURVEDA AND SIDDHA

**OCTOBER 2-6**

Perfect Health Mela  
Organised by the  
Heart Care Foundation of India  
and the Government of Delhi  
Sanjay Lake Park, Laxmibai Nagar,  
New Delhi 110 023

**OCTOBER 7, 15, 28**

Classes on Personal and Spiritual Growth

**OCTOBER 15-26, 22-23**

Reiki I, Reiki II  
Conducted by Aparna Jha  
S 107 Greater Kailash II, New Delhi 110 048  
Ph: (011) 6225321

**OCTOBER 8-9**

Holographic Repatterning  
Fundamentals Workshop  
Mirambika School Building,  
Aurobindo Ashram, Sri Aurobindo Marg,  
New Delhi 110 016  
Contact: Benodini Banerjee (011) 8572900

**OCTOBER 12-20,****OCTOBER 26-NOVEMBER 3**

Intensive Vipassana Sessions  
Conducted by Roshi Hiralal Verma  
E 1/4 Love Kush Apts, Sukhalaya,  
Indore, Ph: (0731) 477421

**OCTOBER 15-19**

Primal Feeling

**OCTOBER 26-NOVEMBER 22**

Fresh Beginnings for a New Life  
Osho Multiversity  
Osho Commune International, 17 Koregaon Park,  
Pune 411 001, Ph: (0212) 628562

**OCTOBER 25-27**

Life Programme  
Conducted by  
Swami Sukhabodhananda  
Sorab Palankote Hall, Dadar, Bombay 400 014  
Contact: Virendra Mitral, Ph: (022) 2824002

**OCTOBER 27-31**

Trans-Meditation Yoga (Bliss Technique)  
Camp by Prof Prakash Kandwal  
International HQ of Vedic Wisdom, Dehradun  
Ph: (011) 6429942 Fax: 6420005

**OCTOBER 31-NOVEMBER 3**

Yoga Mahotsav  
Organised by the Bihar School of Yoga  
Hall No 6, Pragati Maidan, New Delhi  
Contact: Swami Shivrajanand Saraswati  
Ph: (011) 7269426

**NOVEMBER 1-3**

International Conference on Integrated Medicine  
Svatantrata Bhawan, Banaras Hindu University,  
Varanasi  
Contact: Dr N.P. Dubey, Ph: (0542) 316292

**AYURVEDA**

- ~ Arya Vaidya Sala  
Kotakkal 676 503, Kerala  
Ph: (04934) 2216/9 Fax: 2210
- ~ C.N. Namboodiri  
Vaidyamadham Vaidyasala & Nursing  
Home, Mezharthur, Trithala 679 534  
Palghat, Kerala  
Ph: (04927) 72044, 72255
- ~ Santhigiri Hospital  
Pothencodu, Kollyakodu,  
via Venjaramood, Trivandrum 695 001  
Ph: (0471) 419315
- ~ Dr C. Suresh Kumar  
Triveni Nursing Home,  
Vanchiyoor, Trivandrum 695 001
- ~ The Arya Vaidya Chikitsalayam  
& Research Institute  
136 Trichy Road, Ramanathapuram,  
Coimbatore 641 045  
Ph: (0422) 213188, 213194 Fax: 214953
- ~ Vaidya Balendu Prakash  
Mandir Marg, Turner Road,  
Clement Town, Dehradun 248 002  
Ph: (0135) 640792, 640404/5
- ~ Dr Nandlal Tiwari  
2/13 Malviya Nagar, Jaipur 332 726  
Ph: (0141) 511385
- ~ Kairali Health Club  
120 Andheria Modh,  
Mehrauli, New Delhi 110 030  
Ph: (011) 6802106
- ~ Dr P.N.V. Kurup  
B 205 Yamuna Apartments,  
Alaknanda, New Delhi 110 019  
Ph: (011) 6435120, 6431905
- ~ Khosla Hospital  
Maharishi Ayurved Arogyadham  
BP Block, Shalimar Bagh,  
Delhi 110 052  
Ph: (011) 7412123, 7412119
- ~ Rajvaidya Brishaspati Dev Triguna  
143 Sarai Kale Khan, Nizamuddin,  
New Delhi 110 013, Ph: (011) 4611221

~ Dr Preeti Chabra  
Chamber No 26, 11/22 Tilak Nagar,  
New Delhi 110 018, Ph: (011) 5465672

~ Divyajot Ayurvedic  
Research Foundation  
Shree Shree Ma Anantanand Ashram,  
'Divyadham', Vehlal, Taluka Daskroi,  
Ahmedabad 382 325

~ Dr V.K. Balasubramaniam  
7 V Main Road,  
Priya Dharsani Clinic,  
Madras 600 061

~ Dr Pankaj Naram  
A/5 Rishikesh, Haridas Nagar, Shimpoli  
Road, Borivli (W), Bombay 400 092  
Ph: (022) 8056983/8019729  
Fax: 8061317

~ Dr Sai Prakash  
644 Adarsh Nagar Oshiwara,  
Jogeshwari (W), Bombay 400 102  
Ph: (022) 7666302

~ Dr Ghanshyam Sharma  
B 10, Shilp Sangeer L T Road, Vazira  
Borivli (W), Bombay 400 091  
Ph: (022) 8017943

~ Vaidya Ramesh L. Dhokte  
Kasturi Plaza, B/2, 142, 1st Floor  
Manpada Road, Dombivali (E),  
Thane 421 201, Maharashtra,  
Ph: (022) 474607

~ Dr Balaji Tambe  
Atmasantulana Village,  
Karla (near Lonavala) 410 405  
Maharashtra, Ph: (02114) 82232 Fax: 82203

**SIDDHA**

~ Dr A. Anandakumar  
22 Raghavaiah Road, T. Nagar  
Madras, Ph: (044) 8284231

~ Dr B. Massilamany  
Agasthiar Illam,  
Rangapillai Street,  
Pondicherry 605 001

~ Dr V. Stanley Jones  
Spencer Cottage,  
Valkkadavu, Airport Road,  
Trivandrum 695 001, Ph: (0471) 450050

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the relevant details, well in advance. Our December issue will  
carry a list of acupuncture, acupressure and magnetotherapy specialists